EQUIPMENT adventure race

Mandatory personal equipment:

Bike (MTB)
Bike helmet – is required during the whole race
Rear light for bike
Abseil – only ULTRA category : Petzl gri-gri or Petzl stop descender, climbing harness(UIAA)
Headlamp

Mandatory team equipment:

Race maps, instructions, CP checking card (provided by the organizer)
Mini first aid
Compass
Whistle
Cell phone
Space blanket

Kayak with paddles and vests (provided by organizator). In the case that a team has its own kayak, entry fee shall be reduced **100,00kn**.

In this case the team permits to the organizer the possibility to use his kayak for other teams in the other category to do the kayak section before or after them.

Recommended equipment:

Dry bag
Map protective foil

Mandatory equipment for trekking (single) race:

Race maps, instructions, CP checking card (provided by the organizer)
Mini first aid
Compass
Cell phone
Whistle
Space blanket

Recommended equipment:

Map protective foil